

Improving Outcomes in Hypertension and Congestive Heart Failure: Focus on New Generation β -Blockers

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CME INFORMATION

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Media: Internet

Release Date: April 25, 2008

Expiration Date: April 24, 2009

Estimated time to complete activity: 60 minutes

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Target Audience

This activity has been designed to meet the educational needs of cardiologists and primary care physicians.

Program Description

In this CME activity, an expert in the management of hypertension and congestive heart failure discusses recent data on the vasodilatory β -blockers in the treatment of both conditions. The differences between conventional and vasodilatory β -blockers are also highlighted.

Educational Objectives

Upon completion of this activity, participants should be better able to:

- Describe the clinical implications of using β -blockers to treat endothelial dysfunction and augment nitric oxide release in the treatment of hypertension.
- Explain the reasons behind the lack of β -blocker use in elderly patients with heart failure and hypertension.
- Evaluate the relative efficacy and safety of the newer-generation β -blockers in the treatment of hypertension and heart failure.

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